A THOUSAND FEET

Choreographer :   Coral Wegmann   5 Sunnyvale Court, Hampton Park.
                                                                                    Victoria. Australia
                                                                                    Email : cozweg@bigpond.com

MUSIC :   CD 'The Way It Is', track 2 "A Thousand Feet" Time : Original Track 2.50
ARTIST :   John Williamson [Available as a download on I Tunes]
FOOTWORK :   Woman's footwork opposite unless otherwise noted
SPEED :   45 RPM
RHYTHM :   Two Step
PHASE :   II +1 [Fishtail]
SEQUENCE: **Intro : A - B – Inter – C - A – B – C - Inter - End**

INTRODUCTION

1-4   OP FC WAIT ;; APT PT ; TOG TCH to SCP ;
1-2   In open facing partner and wall with lead foot free for both wait 2 measures ;;
3-4   Apt L, Pt R, forward R, tch L, to SCP LOD;

PART A
1-4   CIRCLE AWY & TOG 2 TWO STEP to CP WALL ;; BOX to BFLY ;;
1-2   Fwd L trng, cl R, Fwd L trng ½ to COH, -; Fwd R trng, cl L, Fwd R trng ½ to CP WALL, -;
3-4   Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;

5-8   HTCH APT ; SCIS THRU to SCP ; 2 FWD TWO STEPS ;;
5   Bk L, cl R, fwd L, -; (W bk R, cl L, fwd R, -;)
6   Sd R trng LF, cl L, XRif, -; (W sd L trng RF, cl R, XLif, -;
6-8   Fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -;

9-16   2 TRNG TWO STEPS to CP WALL;;
LFT TRNG BOX ;;;; SCOOT ; WALK and PICK UP [CP LOD] ;;

9-10   Sd L, cl R, sd & bk L pvt ½ RF to COH, -; Sd R, cl L, sd & fwd R pvt ½ RF to CP wall, -;
11-14   Sd L, cl R, fwd L trng ¼ LF, -; Sd R, cl L, bk R trng ¼ LF, -; Sd L, cl R, fwd L trng ¼ LF, -; Sd R, cl L, bk R trng ¼ LF, -;
15-16   Fwd L, cl R, fwd L, cl R; fwd L, -; Sm fwd R folding lady to CP LOD, -; (W Fwd R,-, Fwd L, trng LF ½, -;)

PART B
1-4   2 PROG SCIS / BJO ;; FISHTAIL ; WALK and FC to CP WALL ;
1-2   Sd L, cl R, XLif (W XRib), -; Sd R, cl L, XRif (W XLib) to BJO, -;
3-4   XLib, sd R, fwd L, lk R; Fwd L, -, sd R to fc CP wall, -;

5-8   BOX ;; TWIRL 2 ; WALK 2 to SCP ;
5-6   Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;
7   Trng to SCP, fwd L,-, fwd R, -; (W sd & fwd R trng ½ RF,-, sd & fwd L trng ½ RF to FC, -;)
8   Fwd L , fwd R, - to SCP ;

9-12   FWD LK FWD TWICE ;; DOUBLE HTCH to CP WALL ;;
9-12   Fwd L, XRib, fwd L, -; Fwd R, XLib, fwd R, -; Fwd L, cl R, bk L, -; Bk R, cl L, fwd R, - to FC ;

13-16   BROKEN BOX ;;;;   [2nd TIME to CL]
13-16   Sd L, cl R, fwd L, -; Rk fwd R, -, rec L, -; Sd R, cl L, bk R, -; Rk bk L, -, rec R, -; **[2nd TIME to SCP]**

INTERLUDE
1-4　　TRAVELLING BOX to SCP ;;;;
  1-4　　Sd L, cl R, fwd L,trn LF RSCP -;　fwd R,-, trn L to CL -; Sd R, cl L, bk R,trn RF to SCP -; fwd L, -, fwd R, trn to CL,-;

PART C
1-4　　　2 FWD TWO STEPS ;; CUT BK 2 ; DIP BK and REC ;
  1-4　　　Fwd L, cl R, fwd L, -; Fwd L, cl R, fwd L, -; XLif bhd, bk R, -, XLif bhd, bk R, -; Rk bk L, -, Rec R -;

5-8　　　2 FWD TWO STEPS ;; TWIRL 2 ; WALK and PICK UP to CP LOD ;
  5-6　　　Fwd L, cl R, fwd L, -; Fwd L, cl R, fwd L, -;
   7　　　Trng to SCP, fwd L,-, fwd R, -; (W sd & fwd R trng ½ RF,-, sd & fwd L trng ½ RF to FC, -;)
   8　　　Fwd L,-, Sm fwd R folding lady to CP LOD, -; (W Fwd R,-, fwd L trng LF ½,if of man -;)

9-12　　SCIS SCAR WALK out 2 ;; SCIS BJO WALK in 2 ;;
  9-10　　Sd L trn 1/8RF, cl R, XLif to SCAR, -;Fwd R to DLW, -, fwd L, -;
  11-12　　Sd R trng 1/8LF, cl L, XRif to BJO, -; Fwd L to DLC, -, fwd R;

13-16　HTCH / HTCH SCIS to SCP ;; TWIRL 2 ; WALK 2 to SCP [2nd TIME to CL] ;
  13-14　Fwd L, cl R, bk L, -; Bk R, cl L, fwd R ,-; (W Bk R, cl L, fwd R,-: fwd & sd L trng RF, cl R, X L if, to SCP, -;)
   15　　　Trng to SCP, fwd L,-, fwd R, -; (W sd & fwd R trng ½ RF,-, sd & fwd L trng ½ RF to FCE, -;)
   16　　　Fwd L,-, fwd R, - to SCP LOD ; **[2nd TIME to CP WALL]**

REPEAT A
REPEAT B
REPEAT C
REPEAT INTERLUDE

END :
1-4　　CIRCLE AWY 2 TWO STEPS ;; STRUT TOG 4 to CP WALL ;;
1-2　　　Fwd L trng, cl R, Fwd L trng ¼ ,- ; Fwd R trng, cl L, Fwd R trng ¼ to COH, -;
3-4　　　Fwd L sway, -, fwd R sway ,-, fwd L sway, -, fwd R sway,- ;

5-8　　2 TRNG TWO STEPS ;; TWIRL 2 to SCP; WALK and FC ;
5-6　　　Sd L, cl R, sd & bk L pvt ½ RF to COH, -; Sd R, cl L, sd & fwd R pvt ½ RF to CP wall, -;
   7　　　Trng to SCP, fwd L,-, fwd R, -; (W sd & fwd R trng ½ RF,-, sd & fwd L trng ½ RF to FC, -;)
   8　　　Fwd L ,-, fwd R, -, to FC ;

1-4　　SLOW SD BHND ; SD and POINT THRU to LOD ;
1-2　　　Sd L,-, X bhnd R,-; sd L,-, point R foot thru to LOD,- ;